

# JOSHUA C. BOWEN

U.S. Army Officer • Founder & Chief Executive, 3x5 Leadership  
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I am passionate about making people and organizations better through leader development. I believe that by improving our leadership and making our organizations deliberately developmental, we improve peoples' quality of life, their experiences in the workplace, and enable them to show up better in all their roles in life.

## ONLINE CONTACT

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Website: [3x5leadership.com](http://3x5leadership.com)

## EDUCATION

MA, Organizational Psychology and Leadership, Teachers College, Columbia University, New York City, NY 2018  
ME, Engineering Management, University of Colorado at Colorado Springs, Colorado Springs, CO 2018  
BS, Civil Engineering, United States Military Academy, West Point, NY 2010

## RECENT WORK & TEACHING EXPERIENCE

**Regimental Executive Officer, United States Corps of Cadets** Jun. 2020 – July 2021  
United States Military Academy, West Point, NY  
**Instructor of Military Leadership, Department of Behavioral Sciences & Leadership** Jan. 2019 – May 2020  
United States Military Academy, West Point, NY  
**Course Director, Applied Leader Development, Benavidez Leader Development Program** Jan. 2019 – Mar. 2021  
United States Military Academy, West Point, NY  
**Tactical Officer, United States Corps of Cadets** May 2018 – June 2020  
United States Military Academy, West Point, NY

## PROFESSIONAL PROJECTS & PARTNERSHIPS

**Founder & Chief Executive, 3x5 Leadership** Dec. 2016 – Present  
**eMMissary Fellowship, Military Mentors** Nov. 2021 – Present  
**Senior Leadership Fellow, Center for Junior Officers** Jan. 2022 – Present  
**Editor, From the Green Notebook** Oct. 2020 – Jul. 2021  
**Member, Board of Advisors, DOD Reads** Jan. 2020 – Jan. 2021  
**Co-Host, What Are You Reading? Podcast, by DOD Reads** Mar. 2020 – Jan. 2021

## VOLUNTEER WORK

**Small Group Leader, Officers' Christian Fellowship (OCF)** Aug. 2018 – May 2021  
United States Military Academy, West Point, NY  
**Neighborhood Group Leader, Officers' Christian Fellowship (OCF)** Aug. 2021 – Present  
Fort Leavenworth, KS

## AWARDS

### **Major Thomas E. Kennedy Leadership and Learning Application Award**

May 2021

United States Military Academy, West Point, NY

## PUBLICATIONS

### **Journals & Magazines**

- “How Leaders Employ Feedback to Create Developmental Experiences for Subordinates.” *Army Magazine*, to be published in April 2022 edition.
- “Tapping Feature Films for Classroom Debates: Transformational or Toxic Leaders?” by Jordon E. Swain, Everett S.P. Spain, Archie L. Bates III, and Joshua C. Bowen in Morten G. Ender, Raymond A. Kimball, Rachel M. Sondheimer, and Jakob C. Bruhl (editors), *Teaching and Learning the West Point Way: Educating the Next Generation of Leaders* (London and NY: Routledge, 2021). May 2021.

### **Online Articles (External to 3x5 Leadership)**

- [Socializing New Soldiers in Quarantine: We Must Do Better](#). *From the Green Notebook*, Jan. 26, 2021.
- [How to Lead and Thrive in Uncertain Times – Become an Integrator Leader!](#) *Chambers Bay Institute*. Mar. 30, 2020.
- [Mentorship and My Leader Development: A Dilemma](#). *Military Mentors*. Dec. 01, 2019.
- [Discovering My Passion for Leadership: Why We Serve Series](#). *The Company Leader*. Jul. 09, 2018.
- [What was Patton’s 7<sup>th</sup> Quality of Great Leadership?](#) *From the Green Notebook*. Feb. 15, 2018.
- [Reflecting on Servant Leadership](#). *From the Green Notebook*. Jan. 04, 2017.

### **Podcast Guest Appearances**

- [024 On the Power of Reflection and Perspective as a Leader with Josh Bowen](#). *Got Your Six Podcast*. Sep. 20, 2021.
- [Josh Bowen \(Founder, 3x5 Leadership\) – On Reflection, Feedback, and Leading with Love \(Ep. 53\)](#). *Intentional Leader Podcast with Cal Walters*. Dec. 08, 2020.
- [54. Josh and Lindsey Bowen: The importance of small group fellowship](#). *Officers’ Christian Fellowship Crosspoint Podcast*. Feb. 24, 2020.
- [The Power of a Professional Reading Program \(Ep. 41\)](#). *Leaders Huddle Podcast, Center for Junior Officers*. Jan. 17, 2018.
- [Leader Development – One 3x5 Card at a Time \(Ep. 31\)](#). *Leaders Huddle Podcast, Center for Junior Officers*. Aug. 17, 2017.

## INVITED PRESENTATIONS

- **Guest speaker, Fort Bliss Female Mentorship & Morale Program Monthly Professional Development Session.** *Understanding ‘Productive Leadership’ Better*. Virtual. Mar. 08, 2022.
- **Keynote speaker, FEMA Technical Hazards Division Annual Offsite Conference.** *Towards Organizational Clarity and Alignment*. Virtual. Jan. 12, 2022.
- **Keynote speaker, Keller Army Community Hospital’s Leader Development On-Site.** *The Emotional Side of Leadership: Army Leaders & Emotional Intelligence*. West Point, NY. Jan. 28, 2021.
- **Keynote speaker, United States Military Academy Cadet Leader Offsite.** *Organizational Clarity: How Leaders Provide Purpose & Direction*. West Point, NY. Jan. 20, 2021.
- **Guest speaker, WHOA’s Remotely Insightful Series.** *Leading Through Adversity: The Perils and Possibilities of Leading in a Crisis*. May 14, 2020.

- **Member, Panel for the Future of Leader Development.** *Institute for Leadership and Strategic Studies 2019 Symposium: Soldier-Leaders in the Age of AI – The Future of Pre-Commissioning Education.* University of North Georgia. Nov. 13-14, 2019.
- **Keynote speaker, Keller Army Community Hospital’s Leader Development On-Site.** *Building 21<sup>st</sup> Century Army Leaders and Teams.* West Point, NY. May 23, 2019.
- **Speaker, Joint Leader Development Conference.** *Leader Presence & Impact Through Social Media.* West Point, NY. Apr. 18, 2019.
- **Keynote speaker, National Guard Association of New Jersey 2019 State Conference.** *Building 21<sup>st</sup> Century Army Leaders and Teams.* Asbury Park, NJ. Apr. 13, 2019.
- **Keynote speaker, West Point Society of New Jersey’s Dwight D. Eisenhower Leadership Award Presentation.** *Dwight D. Eisenhower and Leadership: What We Can Learn and Apply Today.* West Point, NY. Apr. 06, 2019.

## **CONSULTING**

- **Keller Army Community Hospital Leader Development Seminar.** Created, hosted, and instructed a 3-day leader development seminar for over 50 military and civilian senior hospital leaders. West Point, NY. Apr. 14-16, 2021.
- **Host and facilitator, Next Jump’s Young Leadership Council off-site visit to West Point, NY.** [Next Jump](#), recognized as one of the US’s top three “deliberately developmental organizations” by Harvard Business Review, partnered with Steady Buckets, a NYC-based youth basketball league, to create the Young Leadership Council (YLC), which develops young and emerging leaders from both organizations. YLC conducted a “learning tour” off-site visit to the United States Military Academy (USMA) at West Point, NY to learn how the institution develops leaders. I planned, coordinated, resourced, and oversaw execution of the day-long tour for 21 members from Next Jump and Steady Buckets, to include Next Jump’s co-CEOs. West Point, NY. Mar. 05, 2020.